

Break Your Fast

Served until 11:30am

Full Welsh £6.50

Bacon, egg, sausage, beans, mushrooms, fried potatoes & toast

Vegetarian £6.50

Two eggs, beans, veggie sausage, mushrooms, fried potatoes & toast

Lite Bites until 5pm

Toast - Brown or White bread

Two slices served with jam or marmalade £1.50

Lightly Toasted Soft Baps

With a choice of three fillings; £4.25

Bacon, egg, sausage, veggie sausage or mushrooms

Home Made Soup

Served with a roll & butter £3.95

Served with half a sandwich of your choice £5.25

Crispy Baguettes - Granary or White £4.25

Prawn & Lemon Mayonnaise

Bacon, Brie & Cranberry

Egg Mayonnaise & Watercress

Fresh Salmon & Cucumber

Fresh Chicken, Plain or with Curried Mayonnaise

Baked Ham & Wholegrain Mustard

Tuna Mayonnaise

Welsh Cheddar Cheese with a choice of red onion, cherry

tomato or Pickle

Mediterranean vegetables & Goats Cheese - (baguette only)

Sandwiches with the above fillings

Brown or White bread £3.00

If you would like a salad

with your baguette or sandwich £1.25

Side Orders

Garlic Bread Roll £2.25

Garlic Bread topped with Mozzarella Cheese £3.25

Portion of Chunky Chips £3.25

Antipasto - A selection of cured meats, cheese,

olives & honey served with french bread £5.95

Salad Bar

Help yourself to a bowl of freshly prepared salads;

One visit only please £5.95

A Single Portion of Salad £2.25

Chicken

Fresh Chicken cooked in our Rotisserie

Half a Fresh Chicken, Plain & Crispy £8.25

Served with Home Made Sauce of the Day £9.25

Steak Prime Welsh Beef

Sirloin Steak cooked to your liking

With onions & mushrooms, or

Home-made sauce of the day £13.25

Fish

Haddock in Batter £8.95

Breaded Whole Tail Scampi £8.95

Fresh Salmon Grilled With Lemon Butter £9.25

Chicken, Steaks & Fish are all served with a choice of chunky chips, baked potato or new potatoes & a salad

Pasta

With Garlic Bread & a Salad

Pine Nut & Green Pesto Pasta £8.25

Home-made Tomato & Basil Pasta £8.25

Home Made Welsh Beef Lasagne £9.25

Home-made Spaghetti Bolognese £9.25

Stuffed Spuds

A crispy baked potato served with a salad £5.95

Chicken & Curried Mayonnaise

Baked Beans & Cheese

Tuna Mayonnaise

Welsh Cheddar Cheese & Homemade coleslaw

Prawn & Lemon Mayonnaise

Home Made Chilli

Little One's Meals

Under 12's £3.95

Jumbo Cod fish finger & chunky chips

Chicken chunks & Chunky Chips

Sausage, egg & Chunky Chips

Cheese & tomato Pizza & Chunky Chips

Pasta & Cheese (sorry, no chips)

Spaghetti Bolognese (sorry, no chips)

Little One's Meals, Stuffed Spuds, Salads, Pasta, Chicken, Steaks & Fish are all available from midday

Pizza Eat in or take home, from midday

Our pizzas are made to order using fresh ingredients; we use pure mozzarella cheese, suitable for vegetarians

Our dough is home-made

	9"	12"	15"
Gelert Cheese, tomato & oregano	£6.20	£7.85	£9.50
Colwyn Ham, pineapple, cheese, tomato & oregano	£8.70	£10.85	£13.00
Aran Mushrooms, peppers, onions, cheese, tomato & oregano	£8.70	£10.85	£13.00
Hebog Chicken, sweetcorn, cheese, tomato & oregano	£8.70	£10.85	£13.00
Cnicht Ham, mushrooms, cheese, tomato & oregano	£8.70	£10.85	£13.00
Eryri Mozzarella, dolcelatte, stilton, cheddar with tomato or olive oil base	£8.70	£10.85	£13.00
Garn Mediterranean Vegetables & cheese on a Pesto Base	£8.70	£10.85	£13.00
Glaslyn Tuna, prawn, anchovy, cheese, tomato & oregano	£9.95	£12.55	£14.75
Snowdon Pepperoni, smoked bacon, chilli peppers, cheese, spicy tomato sauce & oregano	£9.95	£12.55	£14.75
Extra topping	£1.25	£1.50	£1.75

Olives & garlic on your pizza as requested free

Salads

Served with french bread

Glaslyn House Salad

A classic mixed salad £5.95

Glaslyn Nicoise

Mixed leaves topped with new potatoes, tuna, anchovies, black olives, egg, green beans & French dressing £7.50

Glaslyn Chicken Caesar

Crispy lettuce breaded chicken fillets, bacon, croutons, Parmesan & a ceasar dressing £7.50

Glaslyn Greek

Mixed leaves, feta cheese, cherry tomatoes, cucumber, red onion & olives. A sprinkling of oregano & flaked almonds, drizzled with olive oil £7.50



A selection of home made cakes & pastries are available at the counter including gluten free

Please see the specials boards for fresh fish, vegetarian & meat specialities along with our Soup & Sauce of the Day

Ice Cream Sundaes
Please see separate menu

Please find a table, note it's number then order & pay at the counter
Thank You

All our food is freshly cooked to order
Please be patient

We are not licensed however you are welcome to bring your own wine to enjoy with our food
We do not charge corkage but a donation to Wales Air Ambulance would be much appreciated

All our prices include V.A.T.

Something to Drink

Welsh Brew Tea	
Cup	85p
Mug	£1.50
Pot per person	£1.75
Speciality Teas	
Per pot per person	£1.75
Filter Coffee	
Cup	£1.25
Mug	£1.75
Cappuccino	
Freshly ground coffee with frothy milk, sprinkled with chocolate	
Medium	£1.75
Large	£2.50
Espresso	
Small & strong freshly ground coffee	£1.50
Caffe Latte	
Espresso & steamed milk served in a tall glass	£2.50
Americano	
Espresso & hot water	£1.75
Mochacchino	
Espresso & hot chocolate topped with fresh cream	£2.50
Mug	£2.50
Hot Chocolate with fresh Cream	
Mug	£2.50
Flavoured Syrups	
Caramel, Hazelnut, Amaretto, Vanilla	40p

All our Coffees bear the Fair-trade emblem
Decaffeinated Coffee is available upon request

Fruit Juice	
Apple or Orange	£1.75
Mineral Water	
Still or Sparkling	£1.50
Pepsi, 7-up, Orange Tango, Diet Pepsi	£1.75
Milk	£1.25
Ribenas	95p
Glaslyn Ice Cream Milkshakes	
Made with today's Ice Cream flavours	£2.75
Glaslyn Smoothies	
Tropical Fruits	£2.75
Fruits of the Forest	

Glaslyn Ices & Glandwr Cafe

